

# Flip Flops Organization Worksheet

## The Flip Flop Project

Objective- Simplify Summer

List all projects that will improve the quality of life in the summertime -

Eg. Organize kitchen, set up seasonal enter/exit system, simplify picnicking, simplify travel

_____	_____	_____
_____	_____	_____
_____	_____	_____

Priority #1- (What do you want to flip-flop first?) \_\_\_\_\_

Write down your motivation. Be specific!!

I want to organize \_\_\_\_\_ because \_\_\_\_\_

How long will it take? \_\_\_\_\_ Schedule it \_\_\_\_\_

**TIP**  
Change can be hard.  
Create a plan to manage your obstacles

Notes: Consider help or supplies (list on back) \_\_\_\_\_

**Important!** Put on something fun and summery, like a special shirt, flip flops or a fun, comfy shoe. (DO NOT dress like you are about to clean your toilets or change the oil in your car.) ~ Remember, we want to change our attitudes towards organizing. The first step is to have fun with it.

### TLC's 5 C Method of Organization

Clarify goals- What do you want and Why do you want it.

e.g. I want a simplified kitchen because I want to serve a meal like I'm on vacation

Categorize- Sort all items in space into like categories

Clear out- Remove what does not support your goals

Contain- Store remaining items in easy-to-access-and-maintain ways, based on priority of use

Continue- Create a maintenance plan and stick to it!

Use "flip flops" as synonymous with simplicity. Continue to use it throughout the year. During the year, when stress levels get out of control:



*Have a flip flop moment!*